

# Seniors are busy

## Danielle Nicastrì

THIS year will see new co-ordinators at the Balgowlah School for Seniors – husband-and-wife team Hylton and Phyl Mace.

It's not the first organisation Mr Mace has been involved in.

He's a keen bushwalker, tennis player, former surf club member and has attended Balgowlah Uniting Church for over 70 years.

"I've done a lot of other things over the last six years including a lot of child minding," Mr Mace said. "We have some programs so I'm helping put them together."

The school is urging seniors to enrol as part of their New Year's resolutions.



**Hylton Mace.**

It had a busy year in 2010 with trips to the Blue Mountains to enjoy the spring flowers and the Royal Australian Navy Heritage Centre at Garden Island.

The school expanded its mah-jong group and set up groups for history discussion, Scottish country dancing and laughter therapy.

In 2011, it will have a new movie class and plans to establish a walking group.